

10 hours for general constructions

This training program is intended to provide entry level construction workers information about their rights, employer responsibilities, and how to file a complaint as well as how to identify, abate, avoid and prevent job related hazards on a construction site. The training covers a variety of construction safety and health hazards which a worker may encounter at a construction site. Training should emphasize hazard identification, avoidance, control and prevention, not OSHA standards. Instructional time must be a minimum of 10 hours. The minimum topic requirements are as follows:

Mandatory – 7 hours

2 hours	Introduction to OSHA Covers workers' rights, employer responsibilities and how to file a complaint. It includes helpful worker safety and health resources. It also provides samples of a weekly fatality and catastrophe report, safety data sheet and the OSHA Log of Work-Related Injuries and Illnesses.
4 hours	OSHA Focus Four Hazards – 4 hours. Because most construction fatalities are caused by fall hazards, falls must be covered for a minimum of one hour and 15 minutes. <ul style="list-style-type: none"> • Falls (minimum 1 hour and 15 minutes) • Electrocution • Struck-By (e.g., falling objects, trucks, cranes) • Caught-In or Between (e.g., trench hazards, equipment)
30 Min	Personal Protective and Lifesaving Equipment
30 Min	Health Hazards in Construction

Elective 2 hours. Must present at least 2 hours of training on the following topics (At least 2 of the following topics must be presented)

1.5 hour	Cranes, Derricks, Hoists, Elevators, & Conveyors
1.5 hour	Excavations
1.5 hour	Materials Handling, Storage, Use and Disposal
1.5 hour	Scaffolds
1.5 hour	Stairways and Ladders
1.5 hour	Tools – Hand and Power

Optional – 1 hour. Teach other construction industry hazards or policies and/or expand on the mandatory or elective topics. The minimum length of any topic is one-half hour.